



# RHODE ISLAND STATE POLICE

## 5K FOOT PURSUIT

Sunday, April 28, 2019 at 10:00 A.M.

### **WALKERS WELCOME!**

All online entrants will receive free t-shirt!

Free post-race cookout for all participants and award ceremony.

For more information:

Website: [risp.ri.gov/5k](http://risp.ri.gov/5k)

or

Phone: (401) 444-1064

*All proceeds to benefit the Rhode Island State Police Charitable Fund.*

**NOTE:** For your safety and the safety of others, the USA Track & Field Association (USATF) prohibits the use of baby joggers, strollers, pets, and headsets in road races.

*Athletes who do not comply subject themselves to disqualification.*

**Race Location:** North Beach Clubhouse at Narragansett Town Beach  
79 Boston Neck Road, Narragansett, RI 02882  
*Start/Finish line is in front of North Beach Clubhouse*

### **Registration Info/Fees/Packet Pickup Info:**

**Register ONLINE:** at [risp.ri.gov/5k](http://risp.ri.gov/5k) (online registration closes 4/24/19) **OR**

**Register IN-PERSON:** (April 26, April 27 & April 28, 2019)

**NOTE:** All participants must submit separate registration forms.  
*Registration is non-refundable.*

### **Registration Fees:**

**Early Bird** (online November 1, 2018 – December 31, 2018): **\$25**

**Registration** (online January 1, 2019 – March 31, 2019): **\$30**

**Late Registration** (online April 1, 2019 – April 24, 2019): **\$35**

**In-Person** (April 26, 2019 – April 28, 2019): **\$40**

### **Packet Pickup/In-Person Registration Opportunities:**

- **Friday, April 26<sup>th</sup>:** RISP Lincoln Woods Barracks – 4:00 P.M. – 7:00 P.M.  
1575 Louisquisset Pike, Lincoln, RI 02865
- **Saturday, April 27<sup>th</sup>:** RISP Wickford Barracks – 12:00 P.M. – 4:00 P.M.  
7875 Post Road, North Kingstown, RI 02852
- **Sunday, April 28<sup>th</sup> (Race Day):** 8:00 A.M. – 9:30 A.M. at the Clubhouse

### **Team Competition:** Open Team & Police/Fire/Military teams

**Prizes awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place teams**

*\*Team scores based on combined time of 3 fastest team members.*

*\*Teams must consist of three or more members.*

**TEAMS MUST REGISTER NO LATER THAN APRIL 24th**

**Awards:** • \$100 cash prize will be awarded to the top male and top female runners.

• \$200 bonus for male and female course record setters:

Male – Matt Pelletier 15:04 (2008) Female – Kaela ONeil 17:50 (2017)

• **Age divisions:** Kid (12 & under), Junior (12 - 19), Open (20 - 29), Sub-Master (30 - 39), Master (40 - 49), Senior (50 - 64), Veteran (65+)

**AWARDS BASED OFF GUN TIME**

Race will be chip timed by The Last Mile Racing Company      Photos of the race will be available by George Ross Photography

### **DIRECTIONS TO RACE**

**From Points NORTH:** Take I-95 S. Merge onto RI-4 S via exit 9 on the left toward North Kingstown. RI-4 S becomes US-1 S. In approximately 7 miles, take the ramp toward Narragansett. Turn left onto RI-1A S/RI-108S/Kingstown Rd. Enter roundabout and take the 2<sup>nd</sup> exit onto RI-1A E. Turn left onto Narragansett Ave/RI-1A/RI-1. Take the 2<sup>nd</sup> left onto Boston Neck Rd/RI-1A S. The Clubhouse will be on your right.

**From Points SOUTH:** Take I-95 N toward Providence. Take the CT-2 exit, exit 92, toward CT-49/No. Stonington/Pawcatuck. Turn right onto Liberty St/CT-2. Merge onto CT-78 E/Veterans Way toward Westerly R.I./Misquamicut Beaches (crossing into Rhode Island). CT-78 E/Veterans Way becomes RI-78 E/Westerly Bypass. Turn left onto US-1/RI-2/Franklin St. Continue to follow US-1 N for approximately 19 miles. Take the ramp toward Narragansett/Point Judith. Take right onto Woodruff Ave. Turn sharp left onto RI-108 N/Point Judith Rd. Enter roundabout and take the 1<sup>st</sup> exit onto RI-1A E. Turn left onto Narragansett Ave/RI-1A/RI-1. Take the 2<sup>nd</sup> left onto Boston Neck Road/RI-1A S. The Clubhouse will be on your right.

## COURSE MAP

**START** in front of North Beach Pavilion traveling south on Boston Neck Road.

Make right onto Narragansett Avenue.

Travel west on Narragansett Avenue to Kingstown Road.

Take left onto Kingstown Road heading east, then take right onto Boon Street.

Travel south on Boon Street to South Pier Road and take left.

Travel east on South Pier Road to Ocean Road.

Make left onto Ocean Road heading north.

Travel beneath the towers and take a right onto Beach Street.

**FINISH** back in front of North Beach Pavilion.

